

**MIDWEST HALOS BASEBALL**  
2022-23 PROGRAM GUIDE



Wisconsin's Premier Travel Baseball Program 



## ABOUT US

The Midwest Halos was founded in 2019 by Cody Smith and Trevor Theissen. Halos is an elite travel program that focuses on development and exposure for ages 13U-18U with the premier coaching staff in the state. The Halos and Cody have had over 100+ athletes playing college and pro ball including (Alec Marsh - Arizona State/Kansas City Royals, Eric Torres - Kansas State/Los Angeles Angels, Luke Sommerfeld - Clemson/Detroit Tigers, Griffin Doersching - Oklahoma State/San Diego Padres, Max Alba - Liberty/Detroit Tigers, Presley Wachowiak - University of Illinois-Chicago, Willard Peterson - Evansville, AJ Lausten - St. John's, Vidal Colon - University of Illinois-Chicago, Augie Muhlbauer - TCU). Our teams play in high-level events around the country with a focus on exposure to both collegiate programs and professional organizations.

	13U:	14U:	15U:	16U:	17U:	18U:
<b>Fall Tournaments</b>	League / 1-2 Tourneys	League / 1-2 Tourneys	4-5	4-5	4-5	4-5
<b>Summer Tournaments</b>	9-10	9-10	7-8	7-8	7-8	4-5
<b>Tournament Type</b>	Local, Midwest Regional (2-3 Travel Tournaments)	Local, Midwest Regional (2-3 Travel Tournaments)	Mostly Midwest Regional, some National (3-4 Travel Tournaments)	Midwest Regional and National (5-6 Travel Tournaments)	Midwest Regional and National (5-6 Travel Tournaments)	Local, Midwest Regional (1-2 Travel Tournaments)
<b>Typical Travel Tournaments</b>	Iowa, Illinois, Indiana, Ohio	Iowa, Illinois, Indiana, and Ohio	Iowa, Illinois, Indiana, Ohio, and Georgia	Iowa, Illinois, Indiana, Ohio, Georgia, and Alabama	Iowa, Illinois, Indiana, Ohio, Georgia, and Alabama	Iowa, Illinois
<b>Paid Fall and Summer Coaches</b>	✓	✓	✓	✓	✓	✓
<b>Player Access to The Halo</b>	✓	✓	✓	✓	✓	✓
<b>Fall Baseball</b>	Add-On	Add-On	Add-On	Add-On	Add-On	Add-On
<b>Fall Season</b>	Mid Aug-Mid Oct	Mid Aug-Mid Oct	Mid Aug-Mid Oct	Mid Aug-Mid Oct	Mid Aug-Mid Oct	Mid Aug-Mid Oct
<b>Summer Tournament Season</b>	Apr-July	Apr-July	June-July	June-July	June-July	June-July
<b>Team Practices</b>	Nov-July	Nov-July	Nov-Feb / June-July	Nov-Feb / June-July	Nov-Feb / June-July	Nov-Feb / June-July
<b>Positional Specific Training</b>	Add-On	Add-On	Add-On	Add-On	Add-On	Add-On
<b>Uniforms</b>	3 Jerseys, 2 pants, 2 hats, sock, belt, helmet	3 Jerseys, 2 pants, 2 hats, sock, belt, helmet	3 Jerseys, 2 pants, 2 hats, sock, belt, helmet	3 Jerseys, 2 pants, 2 hats, sock, belt, helmet	3 Jerseys, 2 pants, 2 hats, sock, belt, helmet	3 Jerseys, 2 pants, 2 hats, sock, belt, helmet
<b>Team Fees</b>	\$3,500.00	\$3,500.00	\$3,500.00	\$3,500.00	\$3,500.00	\$1,500.00



## FACILITY

All teams practice in our Indoor Facility - The Halo. The Halo is open year round to all Halo players, where they have the ability to come in individually to reserve cage time and get extra work in at no extra charge.

- 🔗 36,000 total sq. ft. including a 6,000 sq. ft. weight room
- 🔗 Full infield, 8 cages, 160 ft. long toss/velocity tunnel
- 🔗 Arm care, plyoball area, and band station
- 🔗 Concessions, parents waiting area, team store, Angels and Halos offices
- 🔗 Located at: W160 S6369 Commerce Dr, Muskego, WI 53150

## FALL BASEBALL

Midwest Halos Fall Baseball is an extension of our summer travel program focusing on development and exposure, where teams are broken up by Grad Class. Fall is an added cost, team practices will start late August and tournament season runs until beginning/mid October. The 13/14U will play in a Sunday Fall League with 1-2 tournaments and the 15U+ will play 4-5 tournaments where 2-3 are travel events (Illinois, Iowa, Indiana and possibly Florida).

## WINTER TRAINING

Team Practices and Position Specific Training both start the week of November 1st. Team Practices will be held on Saturday's for three hours, which includes two hours on the turf and one hour in the gym for team lift. Team Practices will run up until beginning of March, which is when High School Spring reports for 15U+ teams. The 13/14U's will move to twice a week practices once Spring High School ball starts up until league/tournament play begins.

Position Specific Training are focused 16 week classes led by our elite high level coaching staff that are skill focused (Catching, Pitching, Infield, Hitting, and Velocity). These classes are broken into two divisions - Intermediate and Advanced. Both divisions cover similar areas with Advanced moving faster focusing more on reps vs fundamentals/mechanics.



## WINTER TRAINING (CONT.)

- 🔥 Infield: Trevor Theissen (North Carolina Central) will lead again this year, he will continue his efforts in turning out the highest level of Infielders in the state. This class will show our INF everyday work, footwork, proper fielding mechanics, throwing slots, glove work, and baseball IQ. Along with these two we will again be joined by Luke Maldonado (Winthrop University) and Riley Garczynski (Indiana University-Kokomo).
- 🔥 Catching: Catching will be led by Logan Rezash (Lindenwood University) and the focus for the winter will be; receiving, blocking, and throwing. Logan has already impressed us and we are excited to see him take the catching side of Halos to a new level. He will touch on primary/secondary position, mental side of calling a game, bunt coverages, footwork, back picks and more.
- 🔥 Pitching: Pitching will focus on everything from cleaning up players mechanics, velocity utilizing mobility/plyos/weighted balls, pitch grip, holding runners on, pickoffs, mental side, PFP's, warm up routines, post game routines, and more. Ran by Cody Smith, but will also feature Ty Ramirez (Creighton University), Nolan Peterson (Jacksonville University), and Ty Peccioli (Schaumburg Boomers).
- 🔥 Hitting: Dominic Clementi (University of Michigan) will take over as our Hitting Director this winter, he's been itching to take this over and we are excited for this new direction. Hitting will always have a major focus on mechanics and will instruct our players on philosophy and approach, hitting velocity, off-speed and the mental side. Class will include Griffin Doersching (Oklahoma State/San Diego Padres) and Alex Tricoli-Walkanoff (Heartland CC).
- 🔥 Velocity: Velocity will be led by Tyler Peccioli (Marian University/Schaumburg Boomers) who has designed this 16 week program to focus on adding MPH to both pitchers and position players. Players will focus on maximizing their kinetic chain, strength training, proper movement patters, mobility, utilizing ploy balls, med-balls and arm care recovery. This class will meet twice a week for the 16 weeks and all players will see a significant jump with velocity being the main goal.



## HALOS COACHING STAFF

### **Cody Smith - Owner**

Cody Smith attended Kettle Moraine High School from 2005 to 2008. He helped take Kettle Moraine to their first State Championship baseball game in 20 years. During his time at Kettle Moraine, Cody was named All-Lake County, All-Conference, All-State, and runner up to Player of The Year. After High School, he continued his playing career at Dominican University of New York, where he played from 2008 to 2012. Struggles with injuries throughout his college career led Smith to pursue his love of coaching and player development. He returned to Wisconsin in 2011 and joined the Wisconsin Wildcats staff. He coached several teams until starting PoundTown Baseball in 2013. PoundTown grew on the national stage with their U15-U17 teams, all nationally ranked, and committing 100% of his seniors to college programs. In 2015, Cody had an opportunity to partner and rebrand to Prospect Training Academy, moving to The Rock Sports Complex where he owned and ran PTA until 2017. In 2019, Cody and Trevor co-founded the Midwest Halos with the primary goal of training and developing players and turning the Halos into a national powerhouse. Cody has committed over 100 players to college baseball programs such as Arizona State, Oklahoma State, Texas Christian, Louisville, University of North Carolina, University of Missouri, University of Evansville, University of Illinois, Chicago, University of Michigan, and many more.

### **Trevor Theissen - Owner**

Trevor Theissen is one of the co-founders of the Midwest Halos Program. Prior to the Halos, he coached in the area at other local travel ball programs as well in the High School circuit as an Assistant Varsity coach at New Berlin Eisenhower and West Allis Hale. Coach Theissen attended Franklin High school from 2008-2011. He helped lead the Sabers to back to back State Championships in 2010 and 2011 and was named first-team all-state, all-district, all-area, and all-conference in 2011. After high school, he spent his first two college seasons playing at UW-Milwaukee (D1), while redshirting his freshman year. Coach Theissen spent his redshirt sophomore season at College of Lake County Junior College where he hit .300 over 44 starts that included 10 doubles, 22 runs, and 10 stolen bases. That same season, Theissen also received a Rawlings Gold Glove award, given to some of the premier defenders across the country. He spent his final two college seasons at North Carolina Central University (D1). In 2015, he started in 48 games, where he hit .250 with 10 doubles. In his senior season in 2016, he started in 47 games, where he hit .300 with 27 RBI's, 13 doubles, 3 triples, 2 home runs, and was named Second Team All-Conference. Coach Theissen specializes in his work with our infielders as well as working with our hitters.



## HALOS COACHING STAFF (CONT.)

### **Logan Rezash - Director of Baseball Operations**

A former Milwaukee Angel and former player of Cody Smith, who leads the Midwest Halos, Coach Logan Rezash is excited to be back within the program. Logan serves as the Director of Baseball Operations for both the Milwaukee Angels and Midwest Halos and will be working with all of our athletes as an instructor, with in-depth knowledge surrounding the catching position. Throughout his playing career, Logan and his team traveled the country against some of the nation's top talent. Logan had the opportunity to play under two of our own coaches, Brian Johnsen and Mark Bombien, at Greendale High School where he was awarded the 2016 Woodland Conference Player of the Year. He spent four years playing at the collegiate level, at both McHenry County College (NJCAA DI) and Lindenwood University (NCAA DII). His senior year, he was a team captain and was named Lindenwood University's Scholar Athlete of the Year. We're excited to have Logan back as a part of our program!

### **Dominic Clementi - Director of Player Development**

Our newest addition to the Midwest Halos Staff is Dominic Clementi. Clementi comes to the Midwest Halos eager to make an immediate impact within our organization. Clementi, an Arrowhead High School graduate, played at the University of Michigan, where he was a College World Series finalist. In 2018, Clementi was awarded the Bill Freehan Offensive Player of the Year after leading the Big Ten Conference in hitting. Off the field, Clementi was a representative for the Student-Athlete Academic Committee, amongst many other groups for which he was passionate about. After his playing career finished, Clementi earned positions on the coaching staff at Wayne State University, Creighton University, and the Michigan Monarchs, a team in the Great Lake Summer Collegiate Baseball League. Dom is eager to work with each player within the program, guiding them toward their ultimate goal.

### **Tyler Peccioli - Pitching and Velocity Coordinator**

From Gurnee, IL, Tyler Peccioli attended Marian University from 2016-2019 and studied exercise science. In his Marian career, Peccioli pitched 39 times making 22 starts with nine wins, a save, and two complete games. He struck out a total of 144 hitters during his career, 10th on the all-time strikeout list, over 155.1innings for an 8.34 strikeouts per nine innings rate. Peccioli dominated his senior season starting in nine games with a 2.92 earned-run average over 61.2innings of work. He struck out 66 hitters, tied for the seventh-most in a single season in Marian baseball history, for a 9.63 strikeouts per nine innings average. Tyler, participated in the Northwoods league and Prospect league during college and was a Prospect league All-star in 2019. After college, he signed a professional contract in the Frontier League with the Schaumburg Boomers.



## FUNDRAISING

**Swing By Social:** Our annual fundraising event, the Swing By Social, helps support the costs associated with our indoor facility that are shared amongst all teams within the organization. Each player within the organization is expected to participate in this event. Participation includes, but is not limited to:

- 🎟 Each player selling 10 tickets at \$20 each
- 🎟 Team Basket Donation (x2 per team) - \$100+ Value
- 🎟 \$10 gift card / cash donation per player
- 🎟 Volunteering at the event if able

**Team Fundraising/Sponsorship:** Each team has the opportunity to fundraise to reduce fees, add tournaments, or purchase additional equipment. This must be organized and coordinated by the families that are a part of each specific team but it is optional.

**Individual Fundraising:** We will also offer optional fundraisers to directly reduce your family's total player fees. Further information will be communicated throughout the duration of the year. One of the easiest and most beneficial ways to fundraise is through RaiseRight(formerly Shop With Scrip) See our website for more information on how to get set up.

